

Dear Parent/Carer,

### **Public Health Surveys**

The Public Health 5-19 Service is a new service introduced throughout Cumbria in April 2017. The service comprises of a small team of Public Health Specialist Nurses who are based within the 6 localities where they are available to work with schools to identify and address the health and wellbeing needs of children and families.

An important part of the new service is to gather more information about the health and wellbeing of the children that live in Cumbria. In order to achieve this pupil surveys are being completed at key transition points which will not only meet the universal elements of the 5-19 Healthy Child Programme (DH 2016) but also enable us to direct future health support and interventions to address the health problems and issues that our children worry about.

Your child, along with all pupils in Cumbria will be given the opportunity to take part in a Public Health Pupil Survey in school. The survey is anonymous and will be completed on an electronic tablet or a school computer in class time, as a group, with the class teacher or a Public Health Nurse present.

The Public Health 5-19 Service is aimed at lifestyle improvement and the key priorities include healthy weight, emotional health, digital wellbeing and risk taking behaviour, all of which impact on the health of the children in Cumbria. The survey will incorporate questions on these subject areas.

If you have any further questions or would like to see a copy of the survey then please ask at the school office.

If you do not wish your child to participate in the public health pupil survey please let the school know.

