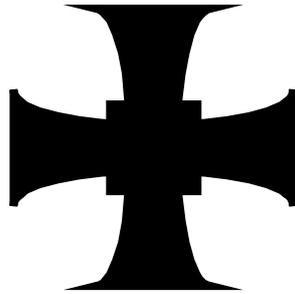


# TRINITY SCHOOL CARLISLE



A CHURCH OF ENGLAND ACADEMY

## SEX & RELATIONSHIPS EDUCATION POLICY

**Curriculum & Achievement Committee**

**Reviewed:** September 2018

**Approved by the Curriculum & Achievement Committee:** October 2018

**Ratified by the Governing Body:** December 2018

**Next review:** September 2020

## **RATIONALE**

“Sex and relationships education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.”

(DFE 2012)

Trinity School is a Church of England Academy, therefore, sex and relationships education will take place within a clear legal and moral framework, which is in keeping with the Christian ethos of the School. Students will be discouraged from becoming sexually active whilst still young and will be encouraged to wait until they have formed a lasting and committed relationship, we hope within marriage, so that teenage conceptions are avoided. The right to be confident and assertive, and to wait and to say no, should be central to our approach.

Sex and Relationships Education is delivered at Key Stage 3 and 4 through National Curriculum Science and PSHE. The Sex and relationship education programme has been designed to help and support all students through their physical, spiritual, cultural, emotional, mental and moral development so that they move, with confidence, from childhood into adulthood. The programme supports the Every Child Matters Agenda outcomes: Be Healthy, Stay Safe and Enjoy and Achieve.

## **AIMS**

- To help all students to develop the skills, knowledge and understanding they need to live confident, healthy and independent lives.
- To deliver effective sex and relationship education so that students are able to make responsible and well informed moral decisions and value judgements about their lives and behave appropriately. An understanding of the consequences of their actions will also be included.
- To ensure that students are prepared for the opportunities, responsibilities and experiences of adult life so that they can manage their emotions, relationships and conflicts confidently and sensitively.
- To teach students about the nature of stable and loving, caring relationships, marriage, family life, responsibilities of parenthood and the significant part that marriages and stable relationships have within communities and society.
- To learn about and understand their physical development, reproduction and sexual health.
- To be aware of their sexuality, understand human sexuality and have the confidence and self-esteem to value themselves and others and have the skills to judge what kind of relationships they want. This will also be instrumental in the prevention and removal of prejudice.
- To understand fully the arguments for delaying sexual activity and develop the skills needed to avoid being pressured into unwanted sex. To also learn to communicate their views effectively and avoid being exploited or exploiting others.
- To understand fully the reasons for having protected sex and develop the skills to avoid unprotected sex.
- To develop sufficient information and skills to protect themselves, and a partner if they have one, from unwanted pregnancies and sexually transmitted diseases including HIV.

- To explore moral dilemmas and develop critical thinking as part of their decision making.
- To know how the law applies to sexual relationships.

## **GUIDELINES**

- The Sex and Relationships Education programme should be taught by trained experts whether members of staff or appropriately vetted outside speakers. This will ensure that the information provided is accurate, up to date and no-one is left feeling uncomfortable about the subject matter they have to deliver to students.
- The Key Stage 3 and 4 schemes of work for Sex and relationship education emphasise the following both in content and approach:  
Attitude and values  
Personal and Social Skills  
Knowledge and Understanding
- Assessments should be carried out to monitor and evaluate students learning and inform teaching.
- Members of staff and outside speakers who deliver Sex Education should do so in accordance with this policy and in a way which encourages students to consider morals and family life.
- Teaching and learning within Sex and relationships education will be monitored by the Curriculum Leaders for Science and the Curriculum Leader for PDV.
- Should any member of staff become aware of a Child Protection issue that has arisen from the Sex and relationships education programme they should follow the procedures in the Staff Handbook and notify the designated Child Protection Officer.

## **CONFIDENTIALITY**

By law, members of staff at the school are not allowed to provide confidential advice or guidance to students. Members of staff must make it clear to students that confidentiality cannot be kept. Students should be encouraged to talk to their parents/carers about personal issues that are raised by the Sex and relationships education programme, and/or seek help from their doctor or the school nurse.

## **WITHDRAWAL**

Parents do have the right to withdraw their students from the Sex and Relationships Education Programme if they wish, but we hope that such a situation will not need to arise. Parents who do have concerns about the provision and practice of Sex Education are strongly encouraged to contact the Headteacher. Should parents still wish to withdraw their students from Sex Education they are required to state this in writing to the Headteacher.