



Trinity School

A Church of England
Academy

Registered Address: Strand Road
Carlisle
Cumbria CA1 1JB

Telephone Number: 01228 516051
Email Address: info@trinity.cumbria.sch.uk
www.trinity.cumbria.sch.uk

Ms Jo Hawkin
Headteacher

9 February 2021

Dear Parent/Carer

Safer Internet Day, Tuesday 9th February 2021

Following our participation in a recent NHS wellbeing survey, a range of information was collected from Year 7-12 students regarding their online activity, giving a useful snapshot of the opinions of our students and how they use the internet. Over 98% of students in all years had access to a mobile device that could access the internet, of these 95% have some form of social media account, although this figure was lower for Year 7 students (70%). The average amount of screen time showed variation across the year groups too, with most spending between 3-4 hours per day online, although some students surveyed said they spend 8+ hours per day! Parental monitoring was also interesting, with 73% of Year 7 students saying their parents/carers check their online activity, compared to 34% in Year 10 and 10% in Year 12.

I am sure you will agree that for our 'millennial' generation, the need to maintain and update competency around the theme of internet safety and possible online harms is crucial to student wellbeing. As one part of our provision in this area, beginning today and for the remainder of this week, we will be celebrating the 18th edition of **Safer Internet Day**, alongside actions taking place right across the globe. With a theme once again of "**Together for a better internet**", we are calling upon all members of our community to join together to make the internet a safer and better place for all, and especially for children and young people. To find out how you, as a parent/carers can play your part, please access the following link <https://www.saferinternetday.org/home>. You may also wish to view the dedicated section on our school website, which contains numerous 'top tips'. I am confident that these will prove useful to stimulate discussion/reflection regarding internet practices at home and to develop an ability for identifying trustworthy or otherwise online material.

Students in school will be working with a variety of resources that we have selected from the above website, as well as Thought for the Week material on this theme, provided by Mr Burdon, our School Chaplain. Students in year 7-9 have been challenged to create safer internet pledges, as part of their registration activity this week. Please do look out for these next week on our Twitter feed, where we hope to celebrate a collection of entries. We will be offering prizes for winning entries.

On the theme of internet safety, you can find our '**online safety – COVID-19 addendum policy**' via this link <https://trinity.cumbria.sch.uk/wp-content/uploads/Online-Safety-COVID-19-Addendum-Policy-Feb-21.pdf> and an associated '**risk assessment for video lessons**' here <https://trinity.cumbria.sch.uk/wp-content/uploads/Trinity-School-Risk-Assessment-Live-Lessons-Feb-21-V1.pdf> and you are encouraged to take some time to review these at your convenience. Within the documentation you will see that we have taken some time to reflect on guidance offered to students and parents/carers linked to online learning and acceptable use of technology available to us due to the pandemic. This can be found on the last 2 pages of the addendum policy and is especially important for you to review. In summary, these two pages cover;

- General guidance for all re Live lessons
- More specific guidance for live group lessons
- Guidance relating to live video lessons delivered on a 1:1 basis

Thank you for taking some time to explore the range of resources referred to and for your on-going vigilance at home. Please feel free to get in touch should you have any questions regarding the content of this letter. As always, there is a designated safeguarding lead on call at all times, or your child's year team are happy to help with any concerns.

Yours sincerely

P Charnock
Assistant Headteacher