



Trinity School

A Church of England
Academy

Registered Address: Strand Road
Carlisle
Cumbria CA1 1JB

Telephone Number 01228 516051
Email Address: info@trinity.cumbria.sch.uk
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Ms Jo Hawkin
Headteacher

27 September 2021

Dear Parent / Carer

Re: Covid Update

I am writing to inform you that we now have multiple individuals in at least one class / group within our school and our local Public Health team has confirmed that we now need to consider introducing a wider range of measures to help reduce the risk of further transmission. There is also a letter from Colin Cox, Director of Public Health, attached with this letter which outlines changes to isolation for siblings who are close household contacts. This advice is for all Cumbrian schools.

I am writing to share the following information.

Additional measures we are introducing (these will be in place until at least 10 days after any new cases are notified in the affected classes / groups)

- Students will be reminded that being outside at break and lunch is the safest place to minimise their risk of catching COVID-19, students will not be allowed to gather in Jubilee Hall.
- Numbers will be limited in the chapel and library
- Assemblies will revert to online in form rooms for a short period
- Any parent events will be risk assessed, with numbers limited and control measures in place. Events may be cancelled or revert to online events at short notice.
- Parents/carers must not come to school without an appointment. We may limit the number of face to face parent meetings at short notice.
- If your child is in a class/group where we are seeing multiple cases, we may ask you to get a PCR test if they develop symptoms of illness other than the main 3 symptoms of COVID-19, including vomiting / diarrhoea / loss of appetite, headache (worse than normal), aching muscles and joints, sore throat, cold-like symptoms. We will let you know directly if we think your child may need a PCR test for wider symptoms.



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- It is unlikely that affected classes will safely be able to undertake any school trips whilst case numbers are high. We will advise you if any planned trips need to be rearranged.

We already kept in place measures over and above those required in government guidance, a reminder of these is below

- We have asked staff to wear face coverings in communal areas of the schools. Our risk assessments may also identify the need for some staff to wear face coverings in classrooms.
- We have encouraging all staff identified as close contacts of positive cases to get a PCR test, even if they don't have symptoms.
- We keep classrooms well ventilated wherever possible (doors and windows remain open most of the time) so they may be cooler than normal. Please ensure your child wears layers underneath uniform if the weather turns cooler. For mock exams, halls will have doors open to increase ventilation from the outside.

Please continue to:

- Be vigilant in looking out for symptoms of COVID-19 in your child, however mild (a high temperature of 37.8°C or above, a new continuous cough and / or change to sense of taste and smell).
- If your child develops any of these symptoms, please keep them at home and arrange for them to get a PCR test. You can book a PCR test online [here](#). If you do not have access to the internet, please call 119. The quickest way to get a test is by booking to attend a Local Testing Site, however you can also arrange for a test kit to be sent to your home address.
- Encourage your child to wash their hands regularly for at least 20 seconds and use tissues for sneezes and runny noses.
- Encourage all adults and secondary school aged children in your household (who have not tested positive for COVID-19 via a PCR test within the past 90 days) to self-test twice-weekly with lateral flow devices. Secondary school children are provided with tests via their schools. Adults can pick up free test kits from many local pharmacies or order kits [online](#). Self-testing is not recommended for pre-school and primary school aged children.



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- We also recommend anyone eligible in your household gets the [COVID-19 vaccine](#) if they have not done so already.

If you are concerned that your child, or a member of their household may be more vulnerable to COVID-19 infection and are worried about them potentially being exposed to the virus, please contact the school and we can discuss the protective measures we have in place in the setting, as well as jointly consider if any further action should be taken to protect your child and / or their wider household.

We know this can be an anxious time for parents/carers, so please don't hesitate to get in touch if you have any questions. We will inform you if we need to introduce any further measures. We will also let you know when we can relax the additional protective measures that have been put in place.

Yours sincerely

Jo Hawkin
Headteacher