

**Trinity School**

Standards, Responsibility, Opportunity....for All

CELEBRATING



**— YEARS —**

## **NEWSLETTER TO PARENTS and CARERS**

**March 2018**

Dear parents and carers,

We are delighted to tell you that our new Sports Hall is finished and has been handed over to us. We are very grateful indeed to Cubby Construction for the work they have done for us, and for completing the project ahead of time, in spite of the challenging weather of the past month. The completion of this project marks the final stage of our recovery from Storm Desmond; the new hall and changing rooms give us a brilliant upgraded facility for PE on an area of land which has not flooded previously. We look forward to opening this to students for use after the Easter holidays.

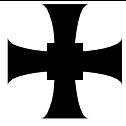
Thank you to parents and carers who responded to our request for feedback on our proposal to change the school day next year, bringing forward the end of the day by ten minutes to allow us to change lunchtime arrangements. Responses were overwhelmingly positive and we will send home further details on this in the summer term. Thanks also to those who have returned consent slips for the new biometric system. This system is being introduced to make it easier for students to access catering, printing and library services and to help movement around the school. Much time is lost if students forget or lose their card. Please return outstanding forms before the Easter break as students cannot use this system unless we receive a signed consent form.

We are very proud of the success of so many of our students in a whole range of events and you will read about some of these in the body of this newsletter. Particular congratulations to our gymnasts who competed in the British Schools Gymnastics Milano Team National Finals last weekend. They performed exceptionally well to qualify to represent the North region and gaining 6<sup>th</sup> place in the Under 16 Boys section and 13<sup>th</sup> place in the Under 16 Girls is an amazing achievement. We are very proud, also, of our Boccia teams who got through to the regional finals in Liverpool to represent the county and gained second place, only just beaten in a thrilling final.

Well done also to our musicians and singers who did so brilliantly in the Carlisle and District Music Festival last week. There were many individual successes and our Senior Chamber Choir came first in the sacred song category, winning a major trophy for the most inspiring choral performance of the festival. Our school orchestra came first in both the school orchestra and open orchestra class with the adjudicator saying that their performance was one of the best she had ever heard. Congratulations to all the students involved, and thank you to the Music Department staff who have worked with them.

Yours sincerely,

Sheila Johnston and Derek Kay  
Co-Headteachers



## CHAPLAINCY

As we come up to Easter it looks as though the spring might finally be approaching! School has been busy and students face a number of challenges as some move closer to exams and some try to deal with complex lives.

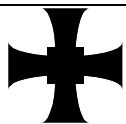
This half term we have been roughly following the theme of Lent in form times, with its own challenges of self-discipline and thinking about changing habits. Our own themes have been: Respect, Self-Discipline and Forgiveness. As part of Respect we looked at the language we use towards each other, acknowledging the power of words. We also considered gender issues and remembered the struggles of the suffragettes. International Women's Day was marked in school with a trail and quiz put together by Mrs Barker and supported by the library staff. This told the story of several remarkable women, and students were able to read about them via posters spread throughout the school. Archdeacon Lee Townend visited Sixth Form in February and we did a joint assembly with Year 13 on the idea of Church Schools encouraging a search for truth and self-respect. Two principal student questions were discussed: one about the role of the church in shaping and contributing to, our political system, and the second on religion and science, especially whether the stories in the Bible should be viewed as 'truth.' This is something we would like to hold again, with students being enabled to participate more fully in a discussion. Three of our Year 12 students will be taking part in the Maundy Thursday service at the Cathedral, asking questions to clergy who will be re-committing to their vocations.

Through the theme of Self-Discipline we considered the amount of time students spend on iPhones and social media - and the challenge of building in some quiet/technology free time into daily routines. We also looked at the value of getting outside and connecting with the natural world. Miss Bates' Year 7 form in Everest House demonstrated self-discipline by doing a sponsored silence and raising money for charity!

Forgiveness has been a challenging theme. Students have been encouraged to see it as a strength, to set it alongside justice, and to understand it as a Christian value. Youth Network leaders came into Lower School assemblies to link this to the Easter story and to give examples of leaders who have lived out forgiveness. In the last week of this term Forgiveness will be coupled with the theme of new life, as we look at the Easter story and what that could mean in our contemporary context. We will be thinking about our own hopes for the future and the world.

Despite the challenges of the current education system, I am constantly encouraged by the hope, resilience and creativity of many of our students; by their capacity to find wonder in the everyday, and to stay humorous. There is of course, sorrow and struggle in growing up, and the pressures of life today are definitely felt by most. Human encounters and listening to one another are hugely important as we try to travel along and make sense of our complex world- and the post of Chaplain is a great privilege. The sorrows, struggles, hopes and aspirations of students are living things and part of the landscape of school. We are always thinking of ways to incorporate these more authentically into 'collective worship' (Thought for the Day in form time, and our assemblies), and to harness and build them into different forms of 'service' in the world. If you have any ideas for themes or activities, please email me at school, or come in and talk: [cke@trinity.cumbria.sch.uk](mailto:cke@trinity.cumbria.sch.uk).

**Caroline Kennedy, School Chaplain**



## INFORMATION AND REMINDERS

### **High Standards**

We have many systems that we use to keep students safe and happy in school and to maintain high standards of behaviour so that high quality learning can take place. We think that, from time to time, it is worth sharing with you some of the systems we use to maintain discipline, so that you can support us at home when issues arise. We believe firmly that if we work together this supports not only your child, but the majority of students in our care. We are an inclusive school, but work hard not to allow the behaviour of a small number of students to spoil learning for the majority. We do, of course, operate a reward system alongside the behaviour system and so far this year students have collectively earned 207150 reward points since September.

Below is a summary of some the sanctions that we operate:

- An immediate 10 minute detention for students who are late to lessons, forget equipment or wear incorrect uniform. This is held with a member of the senior team at break and after school.
- A longer whole school detention for students who do not attend the shorter detention and for those who repeatedly forget homework.
- Internal exclusion and seclusion, more serious sanctions for persistent problems.
- Quiet Room referrals, where students are sent when they are preventing others from learning, or the teacher from teaching, in lessons.
- The 'Good Neighbour' scheme, where students are removed from lessons to work in another class where they have prevented others from learning, or the teacher from teaching, in a previous lesson.

We expect all students to follow the instruction of their teacher immediately and without question. This includes referral to some of the systems above. Students who do not follow reasonable instructions from staff may be subject to further sanctions, typically a half day internal or external exclusion where we could ask parents/carers to collect their child from school.

**Ms Hawkin, Deputy Headteacher**

### **Instrumental Fees 2017/18**

A reminder to parents/carers who are not paying by monthly standing order payments: the second instalment is due to reach us by 31.3.18. If payments are not up to date unfortunately students may not be allowed to continue with lessons. Payment can be made by standing order, credit/debit card either with ParentPay or by phoning the Finance Office. Payments by cash and cheque are still acceptable, cheques should be made payable to "Trinity School".

Should a student wish to stop taking lessons we will require 4 weeks paid notice in writing.

Cumbria Music Service operates an Instrument lease scheme which is available to any young person in Cumbria. There is also an Assisted Instrument Purchase Scheme run by Cumbria Music Service enabling students receiving tuition with Cumbria Music Service Teachers to purchase their own instrument without paying VAT. Please contact Mrs Richardson, Head of Music, for more information about this scheme.

### **Payment for School Meals:**

**Please ensure you give your children the correct change for topping up their school meal a/c's at the re-valuers as change is not given and may not be available in school.**

The new re-valuer machines unfortunately do not take Scottish notes so please make sure your child has acceptable money to use in them. Payment by cheque is acceptable but cheques must be made payable to 'Mellors Catering Services Ltd'. Parents/carers are reminded that topping up can also be done via ParentPay with a credit or debit card.

**Cheque Payments:** Just a reminder that if you are sending a cheque payment into school you should write clearly on the back the students name, form and reason for payment.

If you have a query or you require further information, please contact the Finance Office on 01228 516051 ext 215.

**Mrs A Larking, Finance Manager**

### **Parent Pay**

The procedure for students that have no funds on their school meals account has been updated and is effective from 16.04.18.

A student with no funds to purchase a school meal will be allowed to overspend up to the value of a free school meal allowance to spend on the day, which is currently £2.15. The parent/carer will be notified that there are no funds available on the day so that the account can be credited.

The overspend will be deducted from the student's balance once the account has been credited.

There are a number of different ways that credit can be added to the student card and these are briefly described below:

1. **Revaluers - for use by students.** There are a number of these units placed around the school. To credit their school meal account students insert their card into the device and then insert coins or notes. The system credits this to their card and shows the total on screen. This can be done at any time during the day. You should ensure that students bring the correct amount of money to top-up their school meals account as change is not readily available in school.

2. **ParentPay.** This is our preferred method of payment. Parents set up a secure on-line account and credit money to the card as they choose. There are many extra benefits to using this system as it removes the need for students to carry cash and ensures the students eat meals in school. Parents have full control over their child's account and can view information about their eating habits. If you already have a child in school, siblings can be added to your existing ParentPay account.
3. **Cheque Payments.** We are able to accept cheque payments at reception during normal reception hours 8am to 4.30pm on Mon-Thurs and 8am to 3.30pm on Friday. Cheques for school meals, received before 11 am, will be credited to the students account by lunchtime that day. Cheques should be made payable to Mellors Catering Ltd.
4. **Card Payments.** We accept credit and debit card top ups to student cards and payments for trips etc – parents/carers can pay online via ParentPay, phone the Finance Office on 403560 or pay at reception (payments by phone or at reception will be accepted during the hours stated below for cash payments).

Should you not be in a position to 'top up' the account please contact the pastoral team via the Head of House.

**Mrs Rosary, Business Manager**

The 'Parent Pay' aspect of the above message seems particularly relevant presently as we seem to be encountering more and more students reporting to school with sweets, chocolate, crisps and fizzy drinks, often in excessive and certainly unhealthy amounts. Please be mindful of the damaging effects of a poor diet, which as well as the obvious nutritional issues can also adversely affect classroom concentration and student attainment.

We are concerned that in some instances this is reflective of a poor choice of spending with monies given to children for school lunches. Setting up a secure online 'Parent-Pay' account and topping up cards from home is highly recommended as a means to ensure that all students are encouraged to eat from a healthy school menu on a regular basis.

### **E-safety**

As our students become teenagers, it's most likely that the internet and a variety of social media will be part of their daily life. They'll adapt quickly to new technology and use it to communicate, socialise and create. Most teenagers have access to the internet using a smartphone or tablet, and use a wide range of social networking sites as a vital part of their relationships with others. They are now commonly known as 'millennials'!

Whilst such dynamic communication tools can be an extremely positive part of modern day lifestyles, they can also be the source of much misery for students, parents and carers who fail to stay abreast with the developing 'pitfalls' of social media. In support, please be aware that we do maintain a 'staying safe online' section on our school website, which is updated frequently. Examples of recent news articles include "Teen Sexting may be more common than you think" and "Social media sites harming pupils' mental health, heads warn". There are also useful documents offering guidance, such as, "A practical guide for parent and carers whose children are using social media".

Please do take some time to explore the wide variety of articles, documents and videos on the website to support our collective ability to safeguard children from the preventable issues linked to social media misuse. Should you have any questions/concerns relating to this topic, please remember that Pastoral staff in School will be readily available.

**Mr Charnock, Assistant Head**

### **Live Facebook chat**

On Friday 23<sup>rd</sup> March 2018 between 6 and 8pm, as part of the CSE awareness week, Cumbria Police will be part of a multi-agency live Facebook chat.

Anyone can get involved and it is a great opportunity for children and parents to ask questions to 'experts' from Police, Children's services, NSPCC, Barnado's and the LSCB.

<https://www.facebook.com/events/965537743596164/>

### **KS3 Diploma**

Year 9 students are now well underway with their KS3 Diploma. They have had a number of assemblies about what the requirements are and are working hard with their form tutors to try and achieve the best possible outcome for the final Diploma award; either platinum, gold, silver, bronze or credit.

Students are measured on each of the six criteria: attendance, punctuality, behaviour, achievement, academic performance and extra-curricular participation. Those who achieve highly in their Diploma will be invited to the celebration even in the summer term, where parents, staff and students can celebrate the achievements of Year 9 students as they approach the end of their KS3 education.

Further details about the diploma can be found on the school website.

**Mrs Leech, Assistant Head**

### **Year 11 Supporting Success**

Year 11 students have been working incredibly hard in the build up to their final GCSE exams; with only five school weeks to go, many have engaged in the wide range of interventions and revision sessions on offer by their subject teachers.

We currently have a number of initiatives running including after school revision and masterclasses, form time intervention with specialist Maths/English/Science teachers and selected additional core subject sessions running across the week.

Further details of what is on each week can be found under the 'Supporting Success' section of the school website, as well as a link to GCSEpod – an online revision platform that is available for all Year 11 students to use.

Your support in encouraging attendance at revision sessions is greatly appreciated, and we know that students who have engaged with these opportunities in the past have seen an improvement in their final grades.

**Mrs Leech, Assistant Head**

### **Attendance Matters**

The law says that families who fail to send their children to school on a regular basis and take unauthorised holidays during term time can face prosecution and fines.

*Almost 150,000 families were hit with penalties for taking their children out of school without permission during the last school year, with councils raking in a total of almost £9m in fines. (The Independent <http://www.independent.co.uk/>).*

Here at Trinity, we always try to avoid such actions by working closely with our students and parents and carers to encourage good attendance at school and discourage holidays during term time, except in exceptional circumstances. However, the law is quite clear on the question of term-time holidays and your cooperation on avoiding them is as always much appreciated.

**Mr Watchman**

### **Parent Car Parking**

There have been a number of occasions recently when taxis or parents picking up children who have a disability or special educational needs have not been able to use the car park at the front of the school. This has been because parents have used the car park without having a parking permit. Children have been put in danger as a result. Unless you have a car parking permit could you please not park in the front car park. Unless you or your child have a disability can you please refrain from using the disabled parking bays. Space is limited. It is important that those most in need get to use the allocated spaces. Thank you for your support.

**Mr G Brentnall (SENCo)**

### **Year 11 Prom – Friday 29 June 2018**

If you would like to apply to come to the Prom, a letter containing all of the information can be found on the school website. A permission slip and deposit of £10 should be paid by Thursday 29<sup>th</sup> March. Please follow the link for the permission slip

[Year 11 Prom Permission slip](#)

### **Year 11 Hoody Online Shop**

The Year 11 Hoody shop information can be found on the school website. A separate link will also be sent home, via Schoolcomms.

### **Trinity Leisure Centre – RLSS Lifeguarding Course**

We are running a RLSS course at Trinity Leisure Centre. This qualification is recognised nationwide, and included AED training, candidates must be 16 or over to complete this training course.

The course dates are as follows:

|                                  |  |
|----------------------------------|--|
| Tuesday 3 <sup>rd</sup> April    | 9.00am to 4.30pm                         |
| Wednesday 4 <sup>th</sup> April  | 9.00am to 4.30pm                         |
| Thursday 5 <sup>th</sup> April   | 9.00am to 4.00pm                         |
| Tuesday 10 <sup>th</sup> April   | 9.00am to 4.30pm                         |
| Wednesday 11 <sup>th</sup> April | 9.00am to 4.30pm                         |
| Thursday 12 <sup>th</sup> April  | 9.00am to 3.00pm (Exam in the afternoon) |

The course is £300 and this includes all course material, refreshments, and examination fee.

Places are limited. Please book at Trinity LC Reception or call 01228 403565. For any queries please contact: [sarah.swinglehurst@gll.org](mailto:sarah.swinglehurst@gll.org).

## Trinity School

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CELEBRATING



— YEARS —

### World Defining Events in 1968:

The Paris student riots.

The assassinations of Martin Luther King and Bobby Kennedy.

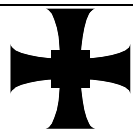
West Bromwich Albion won the FA Cup (they were good then Mr Brookes!)

Manchester United became the first English team to win The European Cup.

...and perhaps most importantly of all, Margaret Sewell School, The Creighton School and Carlisle Grammar School joined together to make our school, Trinity School.

To celebrate this milestone we are going to have an array of events in and out of school. We have a dedicated section of our website (<http://trinity.cumbria.sch.uk/alumni/>) where former students can get in touch and share their memories. We are also developing a digital timeline of the life of Trinity School to mark the major events in the school's history, in addition to an interactive map on the website showing where our former students are now living. You'd be surprised where Trinity has taken them! We will be having a celebration event on 4<sup>th</sup> October 2018 and also tours of the school with displays of what has been happening over the last 50 years. Our students will be trying to do '50 at 50', 50 events to get involved with between now and 4<sup>th</sup> October to mark this historic occasion. There will be notices in the local press and regular updates on our website. If you were a former student please do get involved via the website and our Facebook page (<https://www.facebook.com/Trinity-Alumni-654065684724194/>) to share your memories with us.

**Mr McArdle, Assistant Headteacher**



## RECENT EVENTS

### Carlisle and District Music and Drama festival results

Musicians from the school had a very enjoyable few days at the Music Festival last week and here is a roundup of the results:

The brass group came 2nd in the open brass ensemble class

The school choir came 2nd in the secondary choir's class

The Senior Chamber choir came 2nd in the open choir class, 1st in the sacred song class and won a major trophy for the most inspiring choral performance of the festival for their performance in this class.

The chamber ensemble came 1st in the small ensembles class

The Orchestra came 1st in the school orchestra class and 1st in the open orchestra class with an outstanding mark of 90 - the adjudicator told our Chair of Governors that Trinity's performance was amongst the best she's ever heard.

Nell Attwood, Hannah Button and Rachael Crampsey – 1<sup>st</sup> Vocal ensemble open class

Hannah Borlase came 1st in 2 viola classes (her age group and the open class) gaining outstanding marks of 90 and 92. For this she was also awarded the Ronmar trophy for the winner with the highest mark in any instrumental class. She also came 2<sup>nd</sup> in the recital class

Niamh Bewley - 2<sup>nd</sup> Violin solo 11 and 12yrs

Justin Borlase - 2<sup>nd</sup> Brass solo 13 and 14yrs

Matthew McClure - 1st in the composition class

Calum Taylor - 2<sup>nd</sup> in the composition class

Sophie Richardson - 2<sup>nd</sup> in the Songs from the Shows 13yrs and under class

Sally Minnett - 2<sup>nd</sup> in the Songs from the Shows 14 – 18yrs class  
Rachael Crampsey came 2<sup>nd</sup> in Folk song class, the Vocal solo 14 – 18yrs and won the girls vocal solo 18yrs and under  
William Stuart – 1<sup>st</sup> in Boys 12-18 vocal class and he also won the Sam Bellingham Memorial Trophy for winning the Junior Singers Winners competition.

### **NYO and NYBBS**

The Music department is very proud of two of our students who will be working with national ensembles this year. Hannah Borlase has been invited to attend the Easter residential course of the National Youth Orchestra and Sophie Richardson will be joining the National Youth Brass Band of Scotland reserve band in the summer.

### **Rotary Club Photography Competition 2018**

We are delighted to announce that the judges awarded first prize in the senior category of the local heats to **India Reynolds** and runner-up to **Lydia Craib**. They also highly commended **Kyle Spark** for his photograph of the Cathedral ceiling. Prizes and certificates will soon be awarded to India and Lydia in school before the end of term.

The Art department was delighted to see a wide range of personal responses to the theme 'A different perspective' and would like to thank all the students that applied. We now wish India luck as her photos are forwarded to compete nationally.

**Mrs Reay and the Art department**

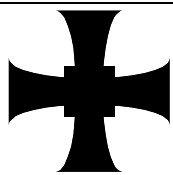
### **Dutch Visitors**

On Tuesday 13<sup>th</sup> March we welcomed 41 students and 3 members of staff (Kees van Kessel, Guido van Genk and Emma Douglas) from the Beatrix College, Tilburg in The Netherlands on a visit to Trinity School. The aim of the day was to give the Dutch students a feel of English school life and to see what similarities and differences exist between our two school systems.

Each Dutch student was paired up with a Trinity student from either Years 8, 9 or 10 and shadowed them through their day, attending lessons. At lunchtime they had a typical school lunch which they enjoyed as they don't serve hot meals in Holland! This was followed by an engaging Student Voice discussion about our different curriculums, rules and requirements. Notably, school uniform was a talking point, as Dutch students do not wear one. One student remarked that our school uniform reminded them of Harry Potter! Our students were impressed by how many foreign languages their Dutch counterparts have to learn e.g. French, German and English and also by how many subjects they study at 'A' level equivalent – here we study 3 or 4, in The Netherlands it is 6 to 8.

The Dutch teachers shadowed our staff in Art, Humanities and Drama and were really impressed not only with our facilities and teaching styles, but with students' work and the whole 'feel' of the school.

This was a hugely successful visit, as it not only served to broaden our students' horizons and open a wider world to them, but also the Dutch students gained a lot of information to help them with their European Project qualification.



## ***HOUSE NEWS***

### **Kilimanjaro House**

It is hard to believe it is Easter already as it has been such a busy term that it has gone by so quickly.

Firstly, we would like to congratulate James Bell from 7ARI for his brilliant performance recently at the Scottish Indoor Athletics championships in Glasgow. James became interested in running just over a year ago when he joined the Carlisle and Aspatria Athletics Club and he has gone from strength to strength. He competed at the Emirates Arena in Glasgow on the 10th of March. He ran the 60 metre sprint and won a silver medal with a PB of 8.14 seconds. James narrowly missed gold by 1/100th of a second. He was beaten by the Irish national champion. He then went on to run the 200m sprint where he won gold with a PB of 26.47 seconds. This means that James is now the Scottish National under 13 Indoor Champion for the 200 m. He now sits in 8th place for the 60m and in second place in the 200m. Well done James from Kili House, we are ever so proud of you and all the best for your next race.

Several students in Kilimanjaro House took part in the Carlisle Music festival where they were very successful and won in quite a few categories. It is always a pleasure to hear about students going the extra mile to achieve and succeed in something they really enjoy. Huge congratulations to Neo Borgia and Martin Atkinson who came second in the brass group and won three trophies.

Students have been involved in many discussions in from time following assemblies on diversity and equality. These themes have sparked a great deal of debate. Here is a quote from Mrs Reay form tutor of 9MRY, "This term has been a celebration and a moment of awe as we saw the snow fall and enjoyed precious moments with family and friends but also a time of reflection. We have considered the importance of school values and looked for inspiration in others. We have celebrated diversity and discussed the need for equality. Students have shown great respect to each other by allowing freedom of speech. We have been learning that with self discipline all things are possible. Students have also been making important decisions about their GCSE options and are embarking on their exciting individual personal journeys."

Two students from 11FDG represented Trinity recently at a Year 11 Maths challenge. They worked with students from other local schools on a range of activities to help them to overcome difficulties when answering some of the more challenging questions in their forthcoming Maths GCSE. Well done to the boys who displayed resilience and determination.

Huge congratulations to India Reynolds from 10CHM who has been awarded first prize in the senior category of the local heats in the Rotary Club competition 2018. What a superb achievement.

We hope that our Year 11 students can now enjoy a good break after successfully completing their recent mock examinations. We know that it can be difficult to relax when there is so much revision and preparation to be done. It is always worth mentioning that it is important to take some breaks from revision to do something that is enjoyable and allows you to relax and have some rest. Year 11 have been working hard attending master classes, intervention sessions, working on GSCE podcasts and revising both at home and in social time. We know that this is a difficult and stressful time for many of our students and we would encourage students to approach us if they feel anxious or overwhelmed.

Finally Mrs Ward and myself would like to take this opportunity to wish you a Happy Easter and hope that you all have a well earned and relaxing break.

**Mrs Moody, Head of Kilimanjaro House**

### **Amazon House**

Wow – where did that term go? Admittedly I was out for a few weeks with the flu, but I did think that I was catching up! It has been so busy with a lot of focus on Year 11 and their approaching exams, but so much else has been going on as well. Several of our students have taken part in the Carlisle Music festival, on their own account and also as part of school bands and choirs – they represented school and Amazon House with their usual aplomb and we congratulate them on all of their performances – whatever the outcome – and especially the Music department for their outstanding achievements.

We don't see much of Year 11 in form time now as they are so busy with intervention sessions, controlled assessments and everything else, but we wish them well in all their endeavours and look forward to seeing them on results day in August when they see their reward for all of their hard work now. I am sure they will do us proud!

Thanks at this time must also go to our House Captain team – Ryan Dawkins, Maya Pearce, Aji Chrapek who have been so supportive in Amazon House and helping with some of the issues that arise.

As always we have lots of sporting activities and many team members from all sports in Amazon House. We are very proud of one of our Year 11 students who has secured an apprenticeship at Carlisle United and one of our Year 10's who is improving his tennis game every day. One of our former Amazon students, Courtney O'Neil, made it through on The Voice to Team Tom and I am sure we will continue to see her in the public eye in the years to come. Good luck, Courtney and all of our Amazon students – you are truly AMAZING AMAZONS!

**Mrs Walton, Head of Amazon House**

### **Everest House**

It has been all go in Everest House! Following our return from the Christmas break it has been a hectic term so far.



Our Year 11 forms, 11LWD and 11LWI, are in the midst of preparation and revision for the upcoming exams and are taking their revision seriously. Many students are making the most of every opportunity available to them to ensure they achieve success this summer: lunchtime revision sessions, lesson 6 and masterclasses are all available and are very well attended, showing the commitment that our Year 11 have to their studies. This time of year can be very pressured and it is important that students also remember to take a little time to switch off and relax too and the upcoming holidays is a good opportunity to take some time for themselves.

At the start of the year, we set our forms a £50 challenge: to raise a total of £50 over the year to give to a local cause. As you will know from previous newsletters, many of our forms rose to this challenge admirably and Barnardo's Carlisle, The Eden Valley Hospice and Jigsaw have all benefitted from the generosity of our students. 11LWD deserve a special mention as their Chocolate Tombola happened on the last day of the Autumn term and was too late to make the Christmas newsletter. This was very successful and a very enjoyable experience with lots of students leaving school for the holidays with great big bars and bags of chocolate! Every year there is a special moment when myself and Mrs Barwick are overwhelmed by someone's act of kindness or show of generosity and this year, our gasps of "Wow," were when 7MBA took on their sponsored silence. On Friday 9<sup>th</sup> March, for the whole school day (sorry, parents – we couldn't make them last all weekend!) 7MBA kept silent in order to raise funds for Cancer Research. To date, they have raised over £600 and the money keeps coming in. This is an absolutely fantastic achievement and one we will be featuring on our school website in the near future so please look out for this as we will have some photographs and some interviews with the students themselves following the upcoming visit from the local representative for Cancer Research to accept this marvellous donation. And the generosity does not stop there: 10MCO will be running their annual Sports Sweepstake for the World Cup as well as other form fundraising so keep an eye out for future events.

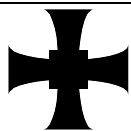
Another item of interest to look out for shortly is our feature on Ben Simpson as he takes on the fast-paced world of Junior Superbike racing. Ben is quickly advancing through various competitions and earning a reputation as someone to watch for the future – look out for more information on Ben's achievements just after Easter.

After a long term we look forward to the rest and relaxation that the Easter break offers and hope to see everyone back feeling refreshed and recharged and ready for the challenges ahead.

We wish everyone a safe and happy Easter.

**Mrs G Armstrong, Head of Everest House**

Due to staff absence there is no update from Nile House in this Newsletter.



## **SIXTH FORM NEWS**

### **Dream Placement**

During the February half-term holiday, some of our Year 12 students undertook a 'Dream Placement' having successfully applied for the initiative which is run by the Centre for Leadership & Performance. Sophie Simpson (CHE) found her week with CN Group to be very beneficial: "I applied for Dream Placement after hearing about it in an assembly. I wasn't really expecting to get anywhere with it, it was mainly just for the experience. I got my placement at the CN group on Dalston Road, where I spent most of my time in editorial. I went to court two days out of my week and I also wrote an article which got published in the Cumberland News. I also ended my week presenting to the executives. In the future, I want to be a journalist, so this really helped me understand how the job works, and the staff helped me figure out where to go next. I also managed to gain confidence and trust my own ability". To celebrate their experiences and to allow all the Dream Placement students and companies to get together one more time, they will be attending a Showcase Event at Energus, Workington this week.

### **UK University & Apprenticeship Fair**

On 7 February, the whole of Year 12 set off early to travel to Manchester City's Etihad Stadium to attend the UK University & Apprenticeship Search Fair. There were many stands spread over two floors for students to visit - from Army Recruitment to some of the UK's top colleges and universities. Students could also attend informative talks about student finance, UCAS applications, university life and higher & degree apprenticeships. With many schools attending, it was a bustling atmosphere with no shortage of information available. Our students left with bags full of prospectuses and heads full of new ideas about where their future could take them.

In addition, this half term has also seen a wide range of organisations making visits to Sixth Form with the aim of encouraging our Year 12s to begin thinking about their next steps after Sixth Form. During PDV on Friday 16 March a variety of subject talks were on offer from Leeds University, Northumbria University and Armstrong Watson. After the Easter break, our Year 12s will be thinking further about their future during a visit to Newcastle University where they will spend the day on campus attending subject tasters as well as learning how to structure a personal statement and budget effectively.

### **Student Leadership Elections**

Our Sixth Form Student Leadership Team election process is well under way once again. This year there has been a large number of students who have applied for the post of Head Girl or Head Boy which has made short listing very difficult indeed. Shortlisted students have been delivering short presentations at assemblies this week outlining why they think they should be Head Girl or Head Boy. Applicants for other positions will be interviewed before the end of term and online voting will also take place before the Easter holidays. We wish all our students the very best of luck with their applications.

### **Debating Matters**

Trinity 6<sup>th</sup> Form took part in the Debating Matters regional contest in Liverpool on 20<sup>th</sup> March and succeeded in winning the overall competition. Year 12 students Jasmine Metherell, Raul Pereira, Reece Harris and Dylan Irving successfully won all of their debates and took home a trophy, £500 worth of Hodder Education resources as well as some lovely notebooks and mugs. What makes this particularly impressive is that the Trinity Debating team was the smallest team who took part against 10 schools and were the only school to win each of their debates. The 6<sup>th</sup> Form is extremely proud of these students for representing the school and achieving so much. These students will now go on to represent the school in the National Debating Matters contest.



### **Snow, World Book Day and Mike Garry!**

The snowy weather meant that our World Book Day celebrations were postponed for a week but we still managed to hold our annual book giveaway with many students receiving their free WBD book and £1 vouchers. Other students entered our prize draw and quiz competition.

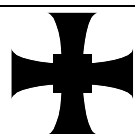
We had a real treat this month, as the poet Mike Garry visited the library to work with some of our Year 7 students. Mike is a high profile street poet and has written poetry for Manchester United amongst others. Mike's workshops were fun, energetic and the students that attended certainly learnt that reading and poetry can be cool!

The Library's Reading Groups have begun this year's Spellbinding Book Award – the aim is to read up to eight of the books on the shortlist. With some interesting titles to read this year, we are enjoying some lively discussion about the books. The voting for our favourite books will be held in May, with the overall winner being announced at the June Award Day.

And finally thank you very much to everyone who has kindly donated books this year. We are currently on the look out for board games (such as scrabble and chess) so if any of you have any games that you no longer use, we would love to receive them in the library. We have lots of students who enjoy playing games at lunchtime and our selection is getting a bit old and worn.

If you'd like to keep up to date with all our news, follow us on Twitter @Trinity\_Library.

**Mrs S Barry, Senior School Librarian**



## ***SPORTS ROUNDUP***

### **Regional Boccia Finals in Liverpool**

Trinity had two teams qualify for the regional finals in Liverpool on Thursday 8 February. Trinity Albion were representing Cumbria in the Pan-ability competition and Trinity United were our Phys Med team.

Both teams played extremely well, Albion winning their first ever game at regional level against Woodchurch High from the Wirral. Sam Turner, Kelsie Sirey, Jack Rooke and Jessica Cleasby did the team proud, Kelsie winning the game with her final shot from 15 feet.

Trinity United, made up of Josh Allen, Jack Young and Spencer English, played brilliantly to make it to the final! They won their group beating Woodchurch High, a tight 3 - 2 affair which went into a tie breaker, but it turned out they were just warming up. William Howard were beaten in the second game again 3 - 2 but Sandfield Park from Liverpool were seen off in a convincing 4 - 2 victory coming from 2 - 1 behind in the fourth end thanks to a Spencer English masterclass.

The semi-finals saw United take on St Nicholas High from Cheshire, who came second in their own group. Trinity eased themselves into the final with great displays from Josh Allen and Jack Young, winning convincingly 6 - 0.

However in a tight final, last year's champions Broadgreen from Liverpool narrowly beat United 4 - 2. Going into the final end only one shot down it came to the last ball of the competition.

Both teams did the school and their county proud.

### **Junior Ability County Premiership and Championship**

Wednesday 7<sup>th</sup> February saw two of our football teams take part in the Junior ability county Premiership and Championship mini-leagues. Both teams played some excellent football in their respective leagues. Trinity Hotspur had a good start with a narrow defeat to the very well balanced side, Ullswater Red Bulls. Jack Boyko and Kelsie Sirey weighing in with 3 goals and a solid goalkeeping display from Josh Allen kept the score-line a close run thing. The following game was where Hotspur truly came into their own. Jack Boyko, Kye Reeves-Brown, Alesha Bancroft, Kelsie Sirey, Mia Jepkess and Josh Allen saw off Netherall Villa 5 - 1 in a fast paced game. Sirey and Boyko formed a formidable partnership up front with some cracking strikes to take the game away from Villa. After that it looked like Hotspur would push on to claim a high finishing league position.

The next game was a little tougher. Mayfield Wanderers, a big physical team, bludgeoned their way to a 2 - 0 lead. Allen's fantastic heroics in goal could not hold out the barrage for long. Trinity had to dig deep or the game would get away from them. Again up stepped Sirey and Boyko. Kelsie's goal to reduce the deficit was met with rapturous applause from the supporting group on the side-line. The goal had a great effect on the team as they puffed out their chests and went for the equalizer. Shot after shot rained down on the Wanderer's keeper, whose goal was living a charmed life. Finally just as the ref was putting his whistle to his lips, Boyko raced through the backline from a Reeves-Brown through ball and duly slotted home to claim a point.

The game took its toll on the players as Hotspur were denied by James Rennie United and finally Appleby Celtic in the final two games. Those teams would end up winning the league and finishing runners up, so Hotspur could hold their heads up high with their hard fought 4<sup>th</sup> place. Well done to all the team.

Trinity Albion took the Premier league title in style. Six straight league victories with only two goals conceded against a very strong Appleby Rangers side helped them to the summit. Peerless displays from Ben Fontana, Jessica Cleasby and Lewis Corkill tore the opposition apart. James Rennie United were first to fall in a 7 - 0 stomping. Next up were Mayfield City who couldn't handle Albion, who kept another clean sheet due to the exceptional Jamie Simpson and defensive Maestro Sam Turner. Lewis Eccles-Simm bridged the gap perfectly with the often thankless task in central midfield weighing in with a couple of goals over the competition. Netherall Dynamos and Ullswater Galaxy were both seen off at the wrong end of 6 - 0 score-lines and Trinity Hotspur faced the Albion in a friendly to complete the fixtures.

Albion's penultimate competition before the Cumbria School games was a good warm up to the big one. 3 of our golden generation are entering the final few games of their careers as they make way for the next generation of stars. Appleby Rangers look like they're going to become the next team to beat, but this league will always remember the formidable displays our year 11s Corkill, Fontana and Simpson have put in over the years. Well done Trinity Albion.

### **Table Cricket County Championship**

A formidable team captained by the astute Kelsie Sirey, stormed to the top of their division with three wonderful displays against West Lakes College, James Rennie and strong debut side Cockermouth.

Brandon Hudson-Williams, Jonathan Jefferson, Alesha Bancroft, Alisha Huddart, Ashley Carruthers, Nicole Halbert, Leon Hodgson and Mia Jepkess made up the team who were by far and away the best side at the tournament in Penrith on 7<sup>th</sup> March.

Trinity saw off West Lakes College in style with some excellent run totals from Huddart, Hudson-Williams and the mercurial Carruthers on his debut for the school. His intelligent positional strikes put Trinity into an unassailable lead which did for West Lakes who boasted some much older and experienced heads on their team. Sirey barked the team tactics whenever concentration dropped and Trinity eventually came away with a monster 291 to 205 victory.

Next up were James Rennie and after a good start to the game Trinity looked to be letting their good work slip. Again, Carruthers weighed in with a high scoring innings backed up by the impressive Bancroft and Hodgson. James Rennie were batting slowly and predictively but they edged back into the game with a couple of fantastic innings. In the end Trinity's fielding arranged by the cunning Sirey won the day 252 to 164.

Finally, as it would turn out, Trinity saw their biggest challenge in Cockermouth who surprised everyone at their first tournament. Cockermouth started with some great innings, continuously hitting 6s and 4s past our normally impassable field. Only wickets from Jefferson and Halbert kept Trinity in the tie. Carruthers again stepped in to blast Trinity to victory again helped with great tactical displays from Hudson-Williams and Sirey bringing home the bacon.

Trinity qualified for the regional finals in Durham. Perhaps they can use this experience to push on one further than last year and win a place to the nationals in London. You never know.

### **Under 15 Cumbria Hockey Finals**

Congratulations to Trinity under 15 girl's hockey team who are the Under 15 Cumbria Hockey Champions 2018! Trinity girls conducted themselves superbly at the County Hockey Finals in Penrith last week. Trinity came up against some of the best teams in the county and walked away as County Champions. There were strong performances in both attack and defence as our girls scored some top-class goals whilst at the same time not conceding any goals in the entire tournament! The girls should be proud of their achievement and Trinity should be proud of the manner with which they conducted themselves on and off the pitch. A big well done to the team.

|         |   |   |                |
|---------|---|---|----------------|
| Trinity | 3 | 0 | Kirkby Stephen |
| Trinity | 6 | 0 | Keswick        |
| Trinity | 4 | 0 | Sedbergh       |

#### **Squad:**

|                        |                 |                   |                |           |
|------------------------|-----------------|-------------------|----------------|-----------|
| Jess Wharton<br>Wilson | Elise Todd      | Lucy Eagling      | Daisy Wilson   | Poppy     |
| Emily Monkhouse        | Jess Evans      | Jess Hetherington | India Reynolds | Amy Queen |
| Jodie McConnell        | Charlie Butcher | Chloe Huston      |                |           |

### **Under 13 Hockey Cumbria Tournament**

The Under 13 Girls County Hockey Tournament was eventually held after being postponed due to snow. Trinity girls played 3 matches, gaining momentum with each game. The girls were unlucky to lose the first game, which we were dominant throughout, hitting the post and having lots of chances. QEGS eventually won with a goal in the last minute of the match. We lost to Austin Friars, who were the eventual tournament winners and then played a strong final game beating UCC with a superb goal by Ella Gate. Well done to the team.

|         |   |   |               |
|---------|---|---|---------------|
| Trinity | 0 | 1 | QEGS          |
| Trinity | 0 | 3 | Austin Friars |
| Trinity | 1 | 0 | UCC           |

#### **Squad:**

|                 |                  |                  |              |             |
|-----------------|------------------|------------------|--------------|-------------|
| Fran Telford    | Anita Lytolis    | Ella Gate        | Naomi Ward   | Hayley Best |
| Ailish Machin   | Rebecca Blaylock | Jess Mason       | Amy Blaylock | Anya Storey |
| Lucia Monkhouse | Grace Hodgkinson | Norma Jane Power |              |             |

### **Boys Rugby**

The Under 15 team narrowly missed out in a place in the county cup final for the second year in a row after defeat in the semi-final to a strong QEGS team. QEGS were well deserved winners but Trinity fought valiantly, scoring four tries (two for Adam Walton) against a team who reached the semi-final of a national cup this year.

The Under 14 team did exceptionally well to reach the semi final of the Under 14 County Cup. They came up against a very strong Ullswater team that had reached the semi final of the National cup only weeks before. Although Trinity did concede over 50 points in the loss to Ullswater, they did manage to

score 3 converted tries and gave a thoroughly good account of themselves, particularly during the first half which remained close.

The Under 13 team were well beaten in their most recent fixture against Nelson Tomlinson, but will be hoping to improve in the county tournament which has been rearranged for the final week of term.

The Under 12 team has made an excellent start to school rugby winning 6, losing 3 and drawing one match (a 50 - 50 classic against Nelson Tomlinson) this season. Special mention must go to Leo Graham, James Bell, Bobbie Rawling, Matthew Shannon and Sam Graham who have shown an outstanding attitude throughout.

### Boys Football

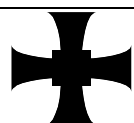
A successful season with the Under 15 (County Cup) and Under 18 (City Cup) both reaching finals, due to play next week against Ulverston and QEGS respectively. The Under 15 team are unbeaten for the season, winning the city tournament earlier in the year without them conceding a goal. They also won the county cup semi-final 12 - 0 with Joe White, Ryan Swales and Charlie Johnston all scoring hat tricks.

The Under 14's have also performed extremely well, winning all games in the city league to date. They have reached the semi-final of the county cup where they will play QEGS. Special mention must go to Lewis Mitchinson who has been superb throughout.

After performing well (third place) at the annual 5 aside tournament, the Year 7 team's best performance was a 5 - 0 win away at Caldey. Numbers at training have been superb throughout and over 25 students have represented the school in matches.

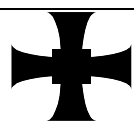
### British Schools Gymnastics Milano Team National Finals

The Under 16 girls' team (Anya Bartlett, Anya Neile and Emily Fitton) finished 13<sup>th</sup>. The Under 16 boys' team (Jake Squires, Samuel Graham and Bert Wilson) finished 6<sup>th</sup>. The North region was ranked 3<sup>rd</sup> overall in the Under 16 Boys and 8<sup>th</sup> overall in the Under 16 Girls. The gymnasts performed tremendously well and they were a credit to the school.



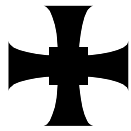
## ***TERM DATES for 2017- 2018***

| First Day of Term  | Last Day of Term             | Half Term Week   |
|--|------------------------------|--|
| <b>Summer term 2018</b><br>Monday 16 <sup>th</sup> April | Friday 20 <sup>th</sup> July | Monday 28 <sup>th</sup> May – Friday 1 <sup>st</sup> June<br>(Early May Bank Holiday – Monday 7 <sup>th</sup> May) |



## ***TERM DATES for 2018 - 2019***

| First Day of Term  | Last Day of Term                 | Half Term Week   |
|--|----------------------------------|--|
| <b>Autumn Term 2018</b><br>Tuesday 4 <sup>th</sup> September | Friday 21 <sup>st</sup> December | Monday 22 <sup>nd</sup> October – Friday 26 <sup>th</sup> October  |
| <b>Spring term 2019</b><br>Tuesday 8 <sup>th</sup> January   | Friday 29 <sup>th</sup> March    | Monday 18 <sup>th</sup> February –<br>Friday 22 <sup>nd</sup> February   |
| <b>Summer term 2019</b><br>Monday 15 <sup>th</sup> April     | Friday 19 <sup>th</sup> July     | Good Friday – 19 <sup>th</sup> April<br>Easter Sunday – 21 <sup>st</sup> April<br>Easter Monday – 22 <sup>nd</sup> April<br><br>Monday 27 <sup>th</sup> May – Friday 31 <sup>st</sup> May<br><br>(Early May Bank Holiday – Monday 6 <sup>th</sup> May) |



## CALENDAR DATES

|  |   |
|--|---|
| Monday 26 <sup>th</sup> March –<br>Wednesday 28 <sup>th</sup> March 2018 | Sixth Form online voting for Sixth Form Leaders                             |
| Monday 26 <sup>th</sup> March –<br>Thursday 29 <sup>th</sup> March 2018  | Year 8 Assessment week  |
| Monday 26 <sup>th</sup> and Tuesday 27 <sup>th</sup> March               | GCSE Photography  |
| Wednesday 28 <sup>th</sup> and Thurs 29 <sup>th</sup> March              | GCSE Art  |
| Thursday 29 <sup>th</sup> March 2018                                     | Year 11 Interim 2, Home to Parents<br>Spring Term ends                      |
|  | SPRING BREAK (EASTER)   |
| Saturday 14 <sup>th</sup> and Sunday 15 <sup>th</sup> April              | World Challenge Training weekend  |
| Monday 16 <sup>th</sup> April 2018                                       | Summer term commences   |
| Wednesday 18 <sup>th</sup> April   | Year 7 Reading Event  |
| Thursday 19 <sup>th</sup> April  | Year 12 Futures Ready Day   |
| Wednesday 25 <sup>th</sup> April   | GCSE Practical Moderation Day<br>Year 7 Parents' Evening                    |
| Monday 23 <sup>rd</sup> April – Friday 4 <sup>th</sup> May               | Year 9 Assessment Weeks   |
| Thursday 26 <sup>th</sup> April  | Year 12 Interim, Home to Parents  |
| Tuesday 1 <sup>st</sup> and Wednesday 2 <sup>nd</sup> May                | A Level Art, Craft and Design Exam (5 hours)                                |
| Thursday 3 <sup>rd</sup> and Friday 4 <sup>th</sup> May                  | A Level Photography/Fine Art Exam (5 hours)                                 |
| Thursday 3 <sup>rd</sup> May   | Newcastle Theatre Trip – The Kite Runner                                    |
| Monday 7 <sup>th</sup> May   | Bank Holiday  |
| Tuesday 8 <sup>th</sup> May  | A Level Art, Craft and Design Exam (5 Hours)                                |
| Wednesday 9 <sup>th</sup> May  | A Level Photography/Fine Art Exam (5 Hours)<br>Extra time GCSE Art students |
| Thursday 10 <sup>th</sup> May  | Extra time GCSE Art students<br>Year 10 Reports, Home to parents            |
| Friday 11 <sup>th</sup> May  | A Level Drama and Theatre Studies Devised Practicals                        |
| Monday 14 <sup>th</sup> May – Tuesday 26 <sup>th</sup> June              | A Level Exams   |
| Monday 14 <sup>th</sup> May – Friday 22 <sup>nd</sup> June               | GCSE Exams  |
| Friday 18 <sup>th</sup> – Sunday 21 <sup>st</sup> May                    | Duke of Edinburgh Bronze Practice Expeditions                               |
| Friday 25 <sup>th</sup> May  | Break up for Half Term  |
|  | HALF TERM   |
| Monday 4 <sup>th</sup> June  | Second Half of Summer Term commences  |
| Monday 4 <sup>th</sup> – Friday 8 <sup>th</sup> June                     | Year 8 Assessment week  |
| Thursday 7 <sup>th</sup> June  | Year 9 Interim, Home to Parents   |
| Monday 11 <sup>th</sup> - Friday 22 <sup>nd</sup> June                   | Year 12 End of Year Assessments   |
| Monday 18 <sup>th</sup> – Friday 29 <sup>th</sup> June                   | Year 10 End of Year Assessments   |
| Tuesday 26 <sup>th</sup> June  | Year 11 Celebrations Day  |
| Friday 29 <sup>th</sup> June   | Year 13 Leavers' Day<br>Year 11 Prom  |
| Monday 2 <sup>nd</sup> – Friday 6 <sup>th</sup> June                     | Year 10 Work Experience   |
| Monday 2 <sup>nd</sup> July  | Year 6 Induction Day  |
| Tuesday 3 <sup>rd</sup> July   | Year 5 Bleak House Writing Event  |
| Thursday 5 <sup>th</sup> July  | Year 7 Reports, Home to Parents   |
| Thursday 5 <sup>th</sup> and Friday 6 <sup>th</sup> July                 | Sixth Form Induction  |
| Tuesday 10 <sup>th</sup> – Thursday 12 <sup>th</sup> July                | Whole School Musical  |
| Thursday 12 <sup>th</sup> July   | Year 8 Interim, Home to Parents   |
| Friday 13 <sup>th</sup> – Monday 16 <sup>th</sup> July                   | Duke of Edinburgh Bronze Qualifying Expeditions                             |
| Monday 16 <sup>th</sup> – Friday 20 <sup>th</sup> July                   | Year 12 Work Experience Week  |
| Monday 16 <sup>th</sup> July   | Key Stage 3 Awards Evening  |
| Friday 20 <sup>th</sup> July   | End of Summer term  |

**Dates are subject to change.**