



# Student Bulletin



MONDAY 7 OCTOBER 2024

Trinity School

## EVENTS

Wednesday 9 October Yr10/8 Drugs and Alcohol Session  
Yr9 Sexual Health session  
Thursday 10 October Yr10 Advanced Sexual Health  
Friday 11 October Y7 Cathedral Workshop  
(7KMO,7LHA,7NSE)

## FORTHCOMING EVENTS

Monday 14 October Freeze session - Y7/10  
Wednesday 16 October Yr10/8 Drugs and Alcohol Session  
Yr9 Sexual Health session  
Yr12 and 7 Tutor/Info evening  
Friday 18 October Y7 Cathedral Workshop  
(7JNI, 7JRB, 7SBD)

## PERSONAL DEVELOPMENT - OCTOBER SAFEGUARDING LEARNING

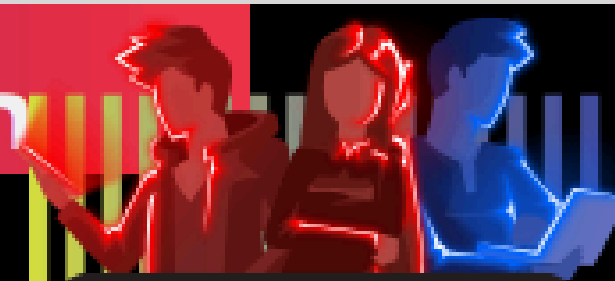
STAFF ARE CURRENTLY REVIEWING GUIDANCE LINKED TO THE THEME OF SEXTORTION, WHICH IS THE CAUSE OF CONSIDERABLE POLICE ACTIVITY LOCALLY. STUDENTS IN CUMBRIA ARE SUFFERING, POSSIBLY BECAUSE THEY HAVEN'T BEEN SUFFICIENTLY EDUCATED ON THIS TOPIC. WE DON'T WANT YOU TO FALL INTO THIS GROUP, AND THINK THAT SPENDING TIME TALKING THROUGH THE CONTENTS OF THE ATTACHED POSTER WITH YOUR FORM TUTOR, WILL BE HELPFUL. PLEASE LISTEN CAREFULLY TO KEY POINTS AND DON'T BE FRIGHTENED TO ASK QUESTIONS.

PLEASE ALSO REMEMBER TO DOWNLOAD IMABI INSPIRE - FOR ADDITIONAL GUIDANCE, AND REPORTING OPTIONS.

MR CHARNOCK



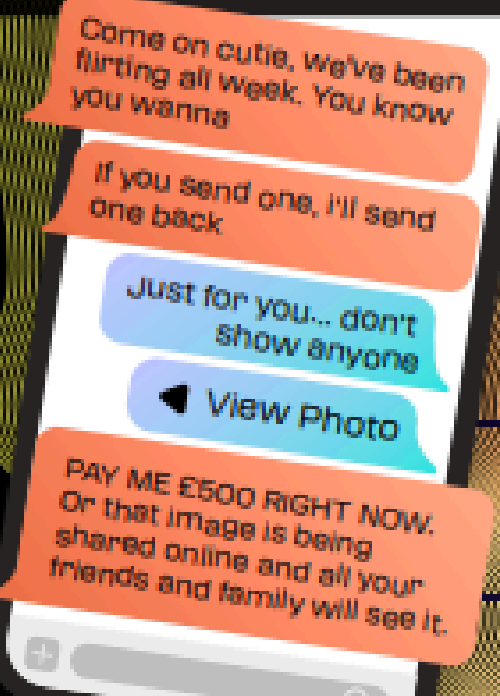
# What You Should Know About... Sextortion



## What is it?

Sextortion is a 'cyber-enabled crime' in which victims are lured into sharing intimate photos/videos or behaving in a sexual way in front of a camera. Unbeknownst to the victims, their actions have been recorded or saved by criminals who blackmail the victim by threatening to release the image or footage.

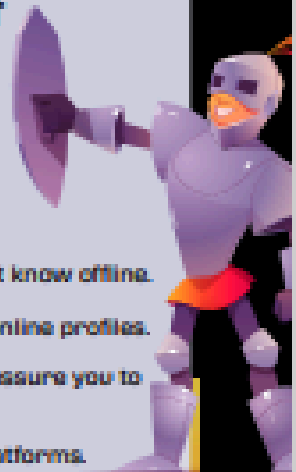
Nearly two-thirds of 'gen-z' teens, said they or their friends have been the targets of sextortion.



## How to Protect Yourself

There are steps you can take to avoid becoming a victim of sextortion:

- ❌ **DON'T** share intimate photos or videos on an online platform.
- ❌ **DON'T** agree to requests for nude photos/videos or perform intimate acts over a video call.
- ❌ **DON'T** accept friend requests/messages from people you don't know offline.
- ❌ **DON'T** include sensitive and/or personal information on your online profiles.
- ✅ **DO** remember that anyone who truly cares for you will not pressure you to do something uncomfortable.
- ✅ **DO** be mindful of who you accept as friends on social media platforms.
- ✅ **DO** strengthen your social media privacy settings.
- ✅ **DO** question who it is you are really speaking to online.



**ANYONE** can become a victim of sextortion.

## How does it happen?

Victims are usually targeted in online spaces - such as social media platforms or dating apps.

The offender often uses a fake identity to seem more appealing to potential victims. Once a victim has been targeted, offenders quickly befriend them before the blackmail begins.



During the 'friendship', the offender will introduce the topic of sex and begin encouraging the victim to remove items of clothing while on camera or to send them a nude image.

After the victim has done so, the offender reveals they have recorded the entire interaction and threatens to publicly expose the victim if they do not either send a sum of money or more photos/videos.

## Help and Advice

If you or someone you know has become a victim of sextortion, you are not alone. It is important to stay calm and take the following actions:

- 🚫 **IGNORE** their demands and do not pay up.
- ❌ **END** all communication on every channel.
- 📸 **CAPTURE** evidence of blackmail including usernames.
- 🗣️ **TALK** to a trusted friend or family member, even if it's embarrassing.
- 🚓 **CONTACT** the police immediately - time is of the essence!
- 🚫 **BLOCK** the offender on all platforms and change your password.
- 🚩 **REPORT** the individual to the relevant website or app provider.
- 🧠 **CONSIDER** if you or the victim will need a suicide prevention plan.

Never screenshot or capture a copy of material that involves an indecent image of a child.



It is illegal to create, possess or distribute indecent images of children. In situations where a child has taken and shared a nude image of themselves, the law does not unfairly punish that child and will handle their case sensitively.

**FACT**

## Remember! Sextortion is a serious crime.

You are not at fault, and it's important to report it promptly to the police to protect yourself and to stop the perpetrator.

## The Impact of Sextortion

Once the victim realises what has happened, panic sets in and they are left feeling violated, afraid, embarrassed, ashamed, alone, or even suicidal.

## Support

If you are feeling overwhelmed, there are people who can support you through this. **There is always hope and help available.**





# CAREER DAYS



**PLEASE BE AWARE OF THIS OPPORTUNITY TO ATTEND CAREER DAYS ONLINE TAKING PLACE ONLINE OVER THE NEXT COUPLE OF MONTHS. CAREER DAYS GIVE AN INSIGHT INTO DIFFERENT CAREERS THAT MIGHT APPEAL TO YOU, ADVICE ON SUBJECT CHOICES AND HOW TO APPLY TO UNIVERSITY, FOLLOWED BY WORK EXPERIENCE IN THE AFTERNOON TO HELP YOU SEE WHAT THE CAREER MAY BE LIKE. PARTICIPATING STUDENTS RECEIVE A CERTIFICATE CONFIRMING THEIR WORK EXPERIENCE.**

**STUDENTS WHO ARE AGED 13-18 CAN REGISTER TO JOIN THE ONLINE DAYS BY VISITING [WWW.CAREERDAYS.CO.UK](http://WWW.CAREERDAYS.CO.UK) THE SCHEDULE IS AS FOLLOWS:**

- **BUSINESS CAREER DAY - SATURDAY 12TH OCTOBER 2024**
- **PSYCHOLOGY CAREER DAY - SATURDAY 19TH OCTOBER 2024**
- **ARCHITECT CAREER DAY - SATURDAY 26TH OCTOBER 2024**
- **PERFORMING ARTS CAREER DAY - SUNDAY 27TH OCTOBER 2024**
- **LAW CAREER DAY - SATURDAY 2ND NOVEMBER 2024**
- **VET CAREER DAY - SATURDAY 9TH NOVEMBER 2024**
- **COMPUTER SCIENCE CAREER DAY - SATURDAY 23RD NOVEMBER 2024**
- **ENGINEERING & TECHNOLOGY CAREER DAY - SATURDAY 30TH NOVEMBER 2024**

**IF YOU ARE INTERESTED, YOU SHOULD VISIT [WWW.CAREERDAYS.CO.UK](http://WWW.CAREERDAYS.CO.UK) TO JOIN A SESSION THAT INTERESTS THEM AND WILL RECEIVE A CERTIFICATE AT THE END OF THE DAY CONFIRMING THEIR WORK EXPERIENCE.  
MR CHARNOCK**

## LEARNING IN ALL LESSONS

**IF YOUR USUAL TEACHER IS NOT TAKING YOUR LESSON AND ANOTHER MEMBER OF STAFF IS LEADING YOUR LEARNING THEN THEY WILL HAVE A COPY OF YOUR SEATING PLAN. THIS MAY BE DIGITAL, IT MAY BE ON PAPER. ALL LEARNERS SHOULD BE SITTING IN THE SEATING PLAN THAT THE COVERING MEMBER OF STAFF HAS ACCESS TO. IF YOU ARE SITTING IN A DIFFERENT PLACE YOU WILL BE EXPECTED TO MOVE TO WHERE IT IS INDICATED ON THE TEACHER'S SEATING PLAN.**

**MR HOPKINS**



# Boys Results



Wk Bg Monday 23rd September			
<i>U13 Rugby</i>			
Trinity	P	UCC	P
<i>U14 Rugby</i>			
Trinity	P	UCC	P
<i>U18 Football</i>			
Trinity	3	UCC	2
<i>U16 Football</i>			
Trinity	1	Caldew	3
<i>U13 Football (City Comp)</i>			
Trinity	4	Caldew	0
Trinity	1	Newman	0
Trinity	2	QEGS	2
<i>U15 Football (City Comp)</i>			
Trinity	3	WHS	0
Trinity	0	RRCA	0
Trinity	1	Newman	0
Trinity	0	RRCA	0
Trinity	1	Newman	0





# Library



Dyslexia  
Awareness  
Week 2024



This week is Dyslexia Awareness Week.

Check out the dyslexia friendly book display in the library.

All our dyslexia friendly books have a blue dot on the spine.

They are also Irlen Syndrome friendly.

For a full book list visit the library website.  
If you need help or more information - ask the librarians!

## Escape into a book and #Take10toRead



Thursday 10<sup>th</sup> Oct is World Mental Health Day



Reading can help you relax, unwind and boost your mood.



Try it for 10 minutes and see where it takes you!

take

10

minutes to read

relax,

learn

and

feel good

*Escape from the pressures of life and reduce stress levels!*





## **ATTENDANCE REWARDS**

**FOR EVERY WEEK YOU HAVE 100% ATTENDANCE AND PUNCTUALITY YOU WILL BE GIVEN A STRIP OF RAFFLE TICKETS. YOU WILL NEED TO WRITE YOUR NAME AND FORM CLEARLY ON THE BACK OF EACH TICKET BEFORE DEPOSITING THEM IN ONE OF THE BOXES AT MAIN RECEPTION.**

**YOU CAN CHOOSE WHICH BOX TO PUT THEM IN. THERE ARE 5 X £10 VOUCHER WINNERS IN EACH YEAR FOR EVERY HALF TERM AND 3 X £25 VOUCHER WINNERS IN EACH YEAR EVERY TERM.**

**FOR A CHANCE TO WIN £100 VOUCHER AT THE END OF THE YEAR, YOU WILL NEED TO HAVE OVER 95% ATTENDANCE.**

**THERE WILL BE 1 X £100 WINNER IN EACH YEAR GROUP. ALL WINNERS WILL RECEIVE AMAZON VOUCHERS**