

Coronavirus Information

We have been made aware by Public Health England (PHE) that a member of staff from Trinity School in Carlisle has been diagnosed with COVID-19.

The school has been in discussion with Public Health England and they have advised there is no need for any action to be taken by children (and their parents) attending the school. Public Health England have assessed the risk and confirmed that there is no information to suggest that there is any increased health risk to any pupils or staff at the school and no public health reason for the school to close.

Any close contacts of the confirmed case are being followed up by Public Health colleagues. Close contacts are given health advice about symptoms and emergency contact details to use if they become unwell in the 14 days after contact with the confirmed cases. This tried and tested method will ensure we are able to minimise any risk to them and the wider public.

We are working with Public Health England to inform and advise anyone who may have come into contact with this individual. As a precaution, these staff and students have been sent a factsheet with some general advice. The risk to them is low, but it is standard practice to share information with them about the symptoms to look out for.

Please be reassured that the school have followed all the advice given by the authorities in dealing with this situation. We have been asked to ask you to respect the privacy of the individual concerned.

All members of the school community should be mindful of the health advice; you can find more information using the link below:

<https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19>

These are still exceptionally low numbers for Cumbria, with a low level of risk to the public. We are still asking the public to remain diligent with their own personal hygiene, such as regular hand washing, as an effective way to reduce the risk of spreading infection.

I would like to remind you about simple measures you can take at home to prevent infections from spreading:

- Catch your cough or sneeze in the crook of your elbow or use a tissue. Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water, especially after using public transport. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.

General information about COVID-19 is available on the PHE website:

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

We have a dedicated area set up on the website to issue updates, if necessary.