

Trinity School

Standards, Responsibility, Opportunity....for All

CELEBRATING



— YEARS —

NEWSLETTER TO PARENTS and CARERS

May 2018

Dear parents and carers,

The examination season has begun in earnest this week for our Year 11 and Year 13 students. As you may remember we had the first of the reformed GCSEs in Maths and English last year and this year sees the first year of reformed GCSEs in the majority of other subjects. A number of new style A Level courses are also being examined for the first time. As they do every year, staff are delivering a full programme of pre-exam briefings, revision sessions and masterclasses to help make sure that students are as fully prepared as possible. We have been impressed by the approach of our students in preparing for their exams and we wish them all the very best for the weeks ahead.

We are delighted that our plans for celebrating the 50th Anniversary of the opening of Trinity School are developing well. There will be a Cumberland News supplement this weekend which outlines some of the ways in which we are celebrating this. An interactive timeline covering the history of the school over the last 50 years will go live on the school's website shortly and we hope that you will enjoy the photographs, videos and stories which have been collected. Within school we have a theme of 50 at 50, with each department planning an event to mark the anniversary; there will be 50 events in total, culminating in a Service of Celebration at Carlisle Cathedral on 4th October. We will let you have more details on this in due course.

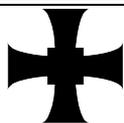
Some of you will be aware that one of our feeder schools has made some changes to term dates for next year which will mean siblings might have different holidays next May. We cannot replicate the longer holiday in May as public examinations take place at this time and we would remind parents that we are unable to authorise holidays during our term time. It is worth noting that Easter holidays for Cumbrian schools are different to most other areas of the country next year in that they do not connect to the Easter Bank Holiday weekend; booking holidays then may be more reasonable in cost than usual.

There is much information, as ever, in this newsletter and we would draw your attention to the information on changes to lunchtime arrangements for next year. We will also be writing to you after the half term break about some changes to the way we operate our pastoral system.

The summer term is always a busy one and we look forward to seeing many of you at upcoming events such as the Key Stage 3 Awards evening where we will be celebrating the achievements of those Year 9 students who have gained the highest number of points in the Key Stage 3 Diploma. Harry Craig, former Head Boy, will be joining us to present certificates and we look forward to hearing him talk to students about the ways in which his time at Trinity prepared him for his future career.

Yours sincerely,

Sheila Johnston and Derek Kay
Co-Headteachers



CHAPLAINCY

It has been good to see students enjoying the sunshine over the last two weeks, and the atmosphere in school is upbeat, despite the start of exams and the inevitable stress around that.

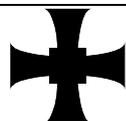
In form time and assemblies our themes have been: Moving Forward, Fair Play and Journeys through Life. Through the theme of Moving Forward we looked at the idea of connection and being 'brought to life' via our interests and an engagement with learning new things. The work of Gustavo Dudamel, a young conductor from South America, and El Sistema, a movement to change the lives of disadvantaged children through teaching them to play musical instruments, was used in Thought for the Day. The theme of Fair Play allowed us to look at the case of Stephen Lawrence, and I had some interesting discussions with Year 7 students around this during their form time. As part of the theme, we thought about justice, respect and the sense of being an outsider. Looking at some clips of the rapper Drake and of the classic film Billy Elliot, helped with this, making links between sometimes possessing a talent which is unusual or sets a student apart from others, and the sense of being seen as an outsider.

In Journeys through Life, we are looking at some of the choices life presents us with, as well as the need for a good 'tool box' of skills and attitudes to take with us. The importance of focus and discipline is being highlighted through the story of Ellen McArthur who sailed solo around the world. Ellen also came to a decision to change direction and focus on philanthropic work after a new insight, and we are acknowledging curiosity and openness to new things as virtues, especially in an academic setting. As I write, the last film of this half term is being prepared, and it will ask students to think about the importance of good relationships as they journey through school and beyond. Prince Harry's wedding to Meghan Markle will be referenced as an example of people crossing over into commitment and trust and beginning a new part of their journey. Some of the latest research on the correlation between good relationships and health will be showcased too, and students asked to look out for their friends and encourage one another during exams and school life generally. Vance Joy's song 'We're going home' is being used to embed the idea that finding a good path, recognising our abilities and enjoying friendship or a life partner, brings us security and a sense of coming home.

For the last three weeks, I have been going in to Year 10 classes and working with the RS Dept on explaining one of the traditions central to Church life: taking communion, or the sharing of bread and wine. It has been really good to meet lots of students, be able to ask and try to answer questions, and to get some feedback about being in a Church School and what is distinctive about that. Students were at their most thoughtful when we talked about the importance of faith to people under persecution, like Syrian Christians and those who opposed the Nazis. Through this we were able to make links between things like standing up to evil and tackling bullying.

If you have children who are going through exams, then I am thinking of you and them, and sending lots of good wishes. Hope you all enjoy half term, despite any stresses and strains.

Caroline Kennedy, School Chaplain



INFORMATION AND REMINDERS

Change to lunch time arrangements and end of school day

We last wrote to you after Christmas asking for feedback on proposed changes to lunchtime arrangements and the end of the school day, changes which aimed to improve the lunchtime experience for our students. The vast majority of feedback was positive, and this was mirrored by school staff and student voice. We are writing now to confirm that the proposed changes will go ahead from September 2018.

The rationale for making the changes, you will recall, was the fact that the school has grown in size over the last four years due to a high demand for places; the school building was designed for 1500 students and currently we have just over 1700. In September the new Year 7 will have nine forms of entry for the fifth consecutive year, replacing a Year 11 year group of eight forms. One of the consequences of this increase in numbers is pressure on our dining facilities; there are lengthy queues to use these and they are crowded. We are very conscious that lunchtimes are not the most pleasant experience for students and the changes in September will address this.

From September each year group will have a slightly shorter lunch time but will eat together with one of the dining halls set aside solely for their use during this time. Queuing time will be reduced considerably, there will be more space for students in the dining hall and they will be able to eat with friends across the same year group. To achieve this we will stagger the lunchtime for each year group; the first lunch break will begin at 12 noon and the final lunch break will begin at 1pm. To make this work the times of the day will change slightly and the school day will finish ten minutes earlier, at 3.05pm. Time in lessons will not change; there will still be five one hour lessons each day. One year group, Year 7, will have lesson 4 split into two thirty minute periods. The school day will start at 8.30am, as it does currently.

Following feedback received from parents, students and staff we have made some minor modifications to the plan; the new arrangements are summarized in the table below:

Time	Lunchtime arrangements			Duration
08.30 - 09.30	Period 1			60
09.35 - 10.35	Period 2			60
10.35 - 10.55	Break			20
10.55 - 11.55	Period 3			60
12.00 - 12.30	Y7 Period 4	Y9 Lunch - Din. Hall Y11 Lunch - Café 13 Lunch - Bistro	Yrs. 8, 10 & 12 period 4	30
12.30 - 13.00	Y7 Lunch - Din. Hall	Yrs. 9 & 11 period 4 Yr. 13 period 4		30
13.00 - 13.30	Y7 Period 4		Y8 Lunch - Din. Hall Y10 Lunch - Café Y12 Lunch - Bistro	30
13.35 - 14.00	Registration			25
14.05 - 15.05	Period 5			60

Please note the following:

- There will be only one year group in a dining area at any one time making the environment much calmer and less hurried.
- Many schools now use a split lesson at lunchtime for Year 7 and our teachers are positive about the impact it will have on learning.
- We are currently able to serve all students who wish to buy food at morning break and will reopen our outside server in September to increase the range of options if students want to eat at morning break.

Mr Kay & Mrs Johnston, Co-Headteachers

Bullying

No parent likes to think about their child being bullied or, even worse, being a bully but the fact is according to 'Bullying UK' that more than half of all children are involved in related activity at some point in their school career— either as a perpetrator, victim or witness. So, the sad reality is that there's a good chance that you will have to deal with it and the surrounding issues at some point.

If your son/daughter is being bullied there are things you can do to help them. There are a number of fabulous websites including 'Bullying.co.uk' and 'Antibullyingalliance.org.uk'. In particular, if you are experiencing difficulty with bullying matters, the material on the following link is an excellent source of support.

<https://www.anti-bullyingalliance.org.uk/tools-information/advice-parents/interactive-anti-bullying-tool-parents>

Please remember that we are here to help too, but that we can only do so if we know about issues. Please don't hesitate to get in touch with us. The earlier you report matters, the better our chances will be of successful intervention.

Should you wish to make a referral, please be aware of the numerous referral routes that are available to you. Bullying matters can be reported using the 'IB' referral forms which can be found on the school website, by contacting 'Bob' on the confidential email service or by simply calling connected Pastoral staff who will do all they can to support a positive outcome. Ahead of any referral to us, please take into consideration the following advice to help us deal with matters effectively;

- Before you approach us, list all the facts: what happened, who was involved, when it occurred, who witnessed it, the role of your son/daughter and whether it was a one-off or series of events;
- Don't arrive at the school unexpectedly as staff may not be available: Make an appointment with connected Pastoral staff (Head of House, House Tutor, or Form Tutor) in order that we can work together to find a solution;
- Remember that staff in Schools may be the last to find out that bullying is happening at school. The sequence tends to be "friends first, then parents, lastly schools" and whilst we do encourage students to pass on anything that they see or hear, this doesn't always happen.
- Most importantly, be patient and allow us the time to deal with the problem. We will of course stay in touch and report progress as part of the process.

Mr Charnock, Assistant Headteacher

Instrumental Fees 2017/18:

A reminder to parents/carers who are not paying by monthly standing order payments: the third instalment is due to reach us by 29.06.18. If payments are not up to date unfortunately students may not be allowed to continue with lessons. Payment can be made by standing order, credit/debit card either with ParentPay or by phoning the Finance Office. Payments by cash and cheque are still acceptable, cheques should be made payable to "Trinity School".

Should a student wish to stop taking lessons we will require 4 weeks paid notice in writing.

Cumbria Music Service operates an Instrument lease scheme which is available to any young person in Cumbria. There is also an Assisted Instrument Purchase Scheme run by Cumbria Music Service enabling students receiving tuition with Cumbria Music Service Teachers to purchase their own instrument without paying VAT. Please contact Mrs Richardson, Head of Music, for more information about this scheme.

Payment for School Meals:

Please ensure you give your children the correct change for topping up their school meal a/c's at the re-valuers as change is not given and may not be available in school.

The new re-valuer machines unfortunately do not take Scottish notes so please make sure your child has acceptable money to use in them. Payment by cheque is acceptable but cheques must be made payable to 'Mellors Catering Services Ltd'. Parents/carers are reminded that topping up can also be done via ParentPay with a credit or debit card.

Cheque Payments: Just a reminder that if you are sending a cheque payment into school you should write clearly on the back the students name, form and reason for payment.

If you have a query or you require further information, please contact the Finance Office on 01228 516051 ext. 215.

Mrs A Larking, Finance Manager

Attendance

'Alan was not in school yesterday because he didn't feel like going.'

Apparently, an actual reason given by a real parent (not from this school!) for their child missing school.

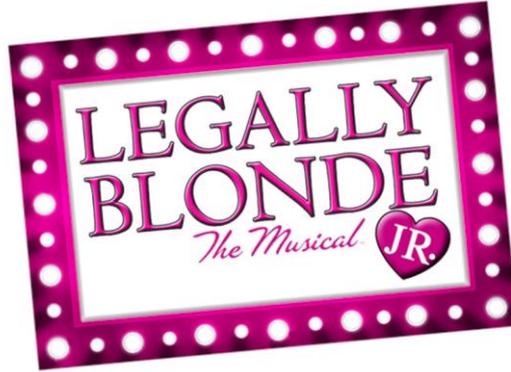
We know that you take your child's attendance at school much more seriously than that and that you appreciate the relationship between good attendance, good academic progress and development of strong social skills.

As we enter this most critical period of the school year with AS/A2 and GCSE examinations as well as end of year assessments looming large, we very much appreciate your continued support in ensuring your child's excellent attendance.

Mr Watchman

Whole School Musical

Our whole school musical this year is Legally Blonde, and it is on 10th, 11th and 12th July starting a 7pm in Margaret Sewell hall. Tickets will be on sale soon from reception.



THE ARCHBISHOP OF YORK YOUTH TRUST

Be the Change you want to see

Archbishop Youth Trust Young Leaders Award

Year 8 Students have been following the Archbishop Youth Trust Young Leaders Award this year in Religious Studies. The Archbishop of York Youth Trust exists to empower young people to **'be the change you want to see'** in their schools, communities and the world! The Youth Trust began life in 2008 when the Archbishop of York, Dr. John Sentamu, announced his vision that, rather than being part of the problem facing society today, young people were actually the solution.

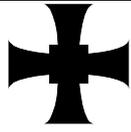
The Award is accessed through a combination of taught modules (Faith and Hope) and Community action. The Community activities involve **Personal** volunteering work, in **School** charity work and **Wider Community** service. Many of our students have already completed their personal and school challenges and we hope that you have benefitted from some of them at home! They have ranged from packing and delivering Christmas shoe boxes, completing the colour run, cooking for the family, helping in a variety of ways by donating clothes, bag packing, setting out and serving refreshments. School challenges have included sponsored silences, bake sales and collecting pennies for Cancer Research....to literally be the change they want to be and put their **'change'** into action! Thank you to parents/carers who have signed these activities off and to those who have got involved, from transporting to and from various activities to competing in the colour run too!

Please encourage your students to complete their personal challenges, sign the permission sheet if you have not already done so and encourage students to plan and participate in their school challenge. Please encourage students to collect evidence of their challenges for their folders.

The final challenge is the Community challenge - all students will spend a morning working in the Community during the week of 2nd July, participating in the Give A Day to the City project. Activities range from helping to bake 80-90 cakes/slices, transforming garden spaces, working at the Animal Refuge to travelling to Silloth to do a beach clean-up!

On the completion of all challenges, students will receive their awards in the Awards Assembly in school. The certificates (either developing/accomplished or exemplary Leaders) and badges will be presented by Elizabeth Howatt, Strategic Lead for Secondary Awards - Archbishop Young Leaders Programme.

Mrs Shore, Subject Leader for Religion, Philosophy and Ethics.



RECENT EVENTS

Year 10 Guest Speaker

On Tuesday 15th May we were lucky to have Marcus Orlovsky in school to speak with a selection of Year 10 students. Marcus is an internationally renowned speaker who works with young people, offering advice and opportunities for their future. The student response was really positive, with many saying how much they had enjoyed the talk. We hope to work with him again, giving more students the opportunity to work with Marcus and his company and unlock their potential.

Mrs Leech, Assistant Head

Year 7 and 8 Parents' Evening

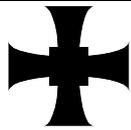
The Year 7 Parents' Evening took place on Wednesday 25th April and the Year 8 Parents' Evening on Thursday 10th May. Parents had the opportunity to speak to subject teachers regarding their child's progress and work. Thanks to all the parents who attended and for the valuable feedback.

Ski Trip 2018

The bi-annual ski trip set off to the Italian mountains of Passo Tonale during the first week of the Easter half term taking 51 students and 6 staff. We all had a fantastic time up in one of Italy's highest glacier mountains with the breath-taking scenery (and not due to the high altitude and lack of oxygen!)

Both the skiing and snowboard groups learnt a lot from the instructors over the week, learning the basics to new tricks and tips in the snow park. All the après ski events went really well, with a bowling competition and a winners' cup up for grabs, a pizza and ice cream night and also the ski trip legend that is the quiz night with the ever charming and "interesting" Quiz Master, his beautiful assistant and a televised UK appearance from the former Quiz Master dressed in a wild west theme.

PGL provided the trip with professionalism and patience enabling the journey to run smoothly and 57 people arriving back safely. Once again our students did us proud with compliments from the PGL travel rep, the hotel owners and also other visiting British school staff. Roll on 2020 for the next ski trip



SPORTS ROUNDUP

Football

A successful season for the unbeaten Under 15 team continued with an emphatic 8-0 victory over Ulverston in the county cup final. The team will be hopeful of adding to this when they meet UCC in the city cup final at Brunton Park on the 24th May. They will be joined by the Under 14 team who will play William Howard school on the same day.

The Under 18's won a hard fought city cup final against a strong QEGS 1-0 in extremely tight game at Gilford Park. Special mention must go to Olly Windsor, who once again came up with the goal.

The Under 16's are also city champions after a comprehensive 4-0 victory against RRCA at Brunton Park. Jay Nicholson started the scoring direct from a corner in the first half, with Joe Marshall adding a second just before half term. Ben Gill scored a rebound early in the second half, before Joe Marshall scored his second with an exquisite lob to make it 4-0. Special mention must also go to Charlie Birch who was influential throughout and Tony Armstrong who kept his first clean sheet of the season.

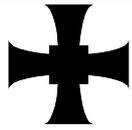
Cricket

A strong start to the season with the Under 13s claiming a 10 wicket victory in their city and county cup quarter final against Caldew. Wickets were shared amongst the bowlers and Luke Patrick batted aggressively to knock of the score in quicktime without losing a wicket. They will meet Austin Friars in the next round before half term.

The Under 14s also progressed to the next round of the city and county cup after a comprehensive 93 run win against RRCA. They will meet a strong Nelson Thomlinson side in the following round.

The Under 12s have had a mixed start to the season after being beaten by Austin Friars in the first round of the Bunbury cup; they performed better against UCC in their next match. Special mention

must go to Callum Taylor and Kieran Titterington who performed well with both bat and ball. The Under 12 tournament at Edenside will take place on the 14th June.



SIXTH FORM NEWS

Jen Marrs' Drugs Awareness Assembly

Jen Marrs from Shades recently delivered assemblies to both Year 12s and Year 13s to raise awareness of the dangers of drug-taking. She started the assembly by explaining how the press and the police in Cumbria have been aware of an increase in drug taking. Over the last 16 years funding for drug education and drug trends have changed hugely.

Jen emphasised that the talk was not a lecture but an opportunity to enable students to make an informed choice. She works with adults who have mental health issues and sees the consequences drug taking has on mental health further down the line. She outlined how all drugs, including alcohol, increase risk taking behaviour and that mixing alcohol with any other drug can lead to totally unpredictable outcomes. Paramedics find themselves increasingly unable to treat patients because they don't know what mixture of drugs they have ingested.

A quick-fire quiz followed showing a range of drugs and their classifications as well as the level of prison sentences and fines for possession and dealing.

Jen asked students to consider the influence drug taking could have on their health and on their future, including their choice of career. She underlined how important it is to have the ability and courage to say no.

Year 12 Futures Ready

On 19th April, Year 12 visited Newcastle University for their 'Futures Ready' day which aims to get students to start thinking about which pathway they might follow at the end of Sixth Form. The day was hosted by a team of Student Ambassadors who began with a general talk about student life including the UCAS application process, fresher's week, university accommodation and opportunities for study abroad. The group was then split into subject-specific talks on English Language, Law, STEM and History & Geography with Ambassadors focusing on their experience of studying in each of these areas.

After lunch there was an interactive 'Budgeting Bonanza' session where students used their decision-making skills to effectively balance the costs of studying with academic demands and social life. Our students also had a look around the campus - which they were lucky enough to enjoy in some beautiful early spring sunshine - including a tour of Kings Hall where graduation ceremonies take place.

Sixth Form Student Leadership Team 2018-2019

The Sixth Form Student Leadership Team 2018-2019 has been announced as: Head Boy: Callum Woods, Head Girl: Sophie Mason, Deputy Head Boys: Jack Morris & Calum Taylor and Deputy Head Girls: Hannah Button & Katie Evans. Our Senior Ambassadors will be Jessica Crowther, Lucja Sobolewska, Jasmine Metherell, Eireann Devlin, Elise Walkingshaw, Rosie Crabb and Hannah Borlase & Ambassador positions will be taken up by Luke Stubbs, Ruby Evans, Alex Graham, Kirsty Deakin, Harry Mossop, Chloe Simpson, Raul Pereira, Rhys Bills, Caitlin Conway, Eve Percival and Nathan King.

Well done to all concerned



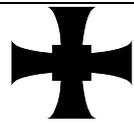
Carnegie books 2018

The Carnegie Medal, established in 1936, is awarded annually to the writer of an outstanding book for children. Previous winners have gone on to become classics, including Dave Almond's Skellig, Watership Down by Richard Adams and Northern Lights by Philip Pullman. We've got copies of this year's shortlisted books in the library now.

Wanted: Summer Reading Challenge Volunteers

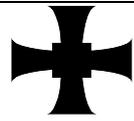
Cumbria Libraries are currently recruiting for volunteers (age 14-24) to help with this year's Summer Reading Challenge. Further information and an application form are available from Carlisle Library or online at www.cumbria.gov.uk/libraries. Closing date for entries is 30th June.

Mrs Barry, Senior School Librarian



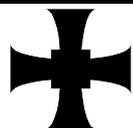
TERM DATES for 2017- 2018

First Day of Term	Last Day of Term	Half Term Week
Summer term 2018 Monday 16 th April	Friday 20 th July	Monday 28 th May – Friday 1 st June (Early May Bank Holiday – Monday 7 th May)



TERM DATES for 2018 - 2019

First Day of Term	Last Day of Term	Half Term Week
Autumn Term 2018 Tuesday 4 th September	Friday 21 st December	Monday 22 nd October – Friday 26 th October
Spring term 2019 Tuesday 8 th January	Friday 29 th March	Monday 18 th February – Friday 22 nd February
Summer term 2019 Monday 15 th April	Friday 19 th July	Good Friday – 19 th April Easter Sunday – 21 st April Easter Monday – 22 nd April Monday 27 th May – Friday 31 st May (Early May Bank Holiday – Monday 6 th May)



CALENDAR DATES

Monday 14 th May – Tuesday 26 th June	A Level Exams
Monday 14 th May – Friday 22 nd June	GCSE Exams
Friday 18 th – Sunday 21 st May	Duke of Edinburgh Bronze Practice Expeditions
Friday 25 th May	Break up for Half Term
	HALF TERM
Monday 4 th June	Second Half of Summer Term commences
Monday 4 th – Friday 8 th June	Year 8 Assessment week
Thursday 7 th June	Year 9 Interim, Home to Parents
Monday 11 th - Friday 22 nd June	Year 12 End of Year Assessments
Monday 18 th – Friday 29 th June	Year 10 End of Year Assessments
Tuesday 26 th June	Year 11 Celebrations Day
Friday 29 th June	Year 13 Leavers' Day Year 11 Prom
Monday 2 nd – Friday 6 th June	Year 10 Work Experience
Monday 2 nd July	Year 6 Induction Day
Tuesday 3 rd July	Year 5 Bleak House Writing Event
Thursday 5 th July	Year 7 Reports, Home to Parents
Thursday 5 th and Friday 6 th July	Sixth Form Induction
Friday 6 th July	Year 13 Ball
Tuesday 10 th – Thursday 12 th July	Whole School Musical
Thursday 12 th July	Year 8 Interim, Home to Parents
Friday 13 th – Monday 16 th July	Duke of Edinburgh Bronze Qualifying Expeditions
Monday 16 th – Friday 20 th July	Year 12 Work Experience Week
Monday 16 th July	Key Stage 3 Awards Evening
Friday 20 th July	End of Summer term
Thursday 16 th August	A Level Results Day
Thursday 23 rd August	GCSE Results Day

Dates are subject to change.



What's coming up?

Carlisle Trinity

May

Summer Shack Menu

June

Smoothie Crazy
World Cup foods

July

Independence Day
Food Innovation Challenge

